

RALEIGH ICEPLEX SKATING SCHOOL



Welcome to the Raleigh IcePlex Basic Skills Program. Our group classes are open to all skaters' ages 3 through adult who wish to learn the fundamentals of ice skating. The IcePlex program teaches the basic skills of figure, hockey, or recreational skating in a group class format. We feel this is the most progressive and advanced learning system available to progress to our Excel program for aspiring figure skaters or our Learn to play Hockey program for potential NHL stars.

Registration is open at any time prior to the session start date and is on first come first serve basis. A completed form along with full payment is required to hold your spot. Please take note of the dates at the top of the registration form to ensure that you are signing up for the correct semester.

Registrations may be accepted once the session has begun on a pro-rated basis pending availability.

The IcePlex 8 week semester of classes is held year round.

PROGRAM DETAILS

Our next Skate School semester starts:

October 31 – January 7, 2012

Class Dates for this Semester

Monday Oct. 31, Nov. 7, 14, 21, 28, Dec. 5, 12, Jan. 2
Tuesday Nov. 1, 8, 15, 22, 29, Dec. 6, 13, Jan. 3
Wednesday Nov. 2, 9, 16, 23, 30, Dec. 7, 14, Jan. 4
Thursday No Thursday classes this semester
Friday Nov. 4, 11, 18, 25, Dec. 2, 9, 16, Jan. 6
Saturday Nov. 5, 12, 19, 26, Dec. 3, 10, 17, Jan. 7

X – Indicates no class that day. Please make the class up on another day.

CLASS SCHEDULE for this Semester

Classes offered for Beginner – Intermediate Levels

Snowplow Sam ages 3-5

Tuesday 1:00pm

Thursday *No Classes this semester*

Friday 5:30pm

Saturday 12:45pm

Basic 1- Basic 8 ages' 6-adults

Tuesday 1:00pm

Thursday *No Classes this semester*

Friday 5:30pm

Saturday 12:45pm

Friday 5:30pm Power class – All skating levels Beginner-Advanced

Cost: \$99

Excel Freestyle Program

Freestyle Class 1-5 (Pre-requisite: must have passed Delta/Basic 8 Level)

All ages Two days a week

Monday 4:15pm and Wednesday 4:15pm

No make ups

Cost: \$150

Classes Include:

- *One 30 min. class per week with Unlimited Free public skating pass for each participant
- *Excel Freestyle Program: Two classes a week with a ½ hr. practice. No public session pass
- *Free skate rental
- *\$5 discount for each additional family member
- *Eligibility to participate in IcePlex hosted recitals, shows, and competitions

Helpful Information

- **Skaters** should arrive at least 15 minutes before the class start time.
- **Dress** comfortably and warmly with long pants, a sweatshirt or jacket, socks and gloves.
- **Helmets** are strongly recommended for beginners.

- **Ice skates** should fit snugly and be laced all the way to the top. For figure skates do not wrap the laces around the back of the ankle; instead hook the laces around the hooks again making your way back downward to take up the extra lace length. Only hockey skates should have the laces wrapped around the back of the ankle.
- **Make-Up classes** must be scheduled in advance on another day that classes are offered. Please call or email for scheduling.
- **Public Session Practice Pass** – Unlimited Free Public Skate admissions are included with each registration. They may be used at any public skate during your session. The more you practice, the faster you will master your skating skills.
- **Parents/Guardians** – Do not leave your children alone at the ice arena.
- **Private Lessons** are available by our Professional Coaching Staff. If there is a particular coach you are interested in you may approach them directly for scheduling or see the Skating Director for assistance.

We are dedicated to making our Learn to Skate Program the best possible experience for all our skaters and their families! Thank you in advance for your support and cooperation.